



Menu

EUROGYM 2024

Lunch menu

Sunday July 14th

Pasta Salad

With chicken, sour cream dressing, vegetables, plum tomatoes and cheese.

Allergenes

Gluten (wheat), milk, egg, mustard. May contain celery.

Ingredients

PASTA 45% (cooked pasta (durum wheat , water), rapeseed oil , sea salt), CHICKEN 15% (chicken 14%, potato starch , salt, dextrose corn), onion , red pepper, aroma (oregano, lemon), leek , yeast extract , black pepper, curry , cumin , cayenne , ginger , coriander , caraway , spice extract (paprika), turmeric), CREAM DRESSING 12% rapeseed oil , sour cream , water, onion , egg yolk , salt, red wine vinegar , sugar , spirit of vinegar , mustard seeds , cream powder , modified starch , black pepper, chives , parsley , milk sugar , maltodextrin , yeast extract , preservatives potassium sorbate , sodium benzoate), stabilizers guar gum, xanthan gum), acidity regulators (lactic acid, citric acid), aroma), GREEN CABBAGE MIX 11% (kale , head cabbage , red cabbage , beetroot , carrot), PLUM TOMATO MINI 11%, cheese 6% pasteurized cow's milk , salt, microbial rennet, starter culture

Dinner menu

Sunday July 14th

Meat Balls

Chicken meat balls (Halal) in tomato sauce with vegetables and herbs.
Served with mashed potatoes.

Allergenes

No.

Ingredients

CHICKEN BALLS (Halal) 42%, tomato pulp (tomato , spices), squash, onion , paprika, rapeseed oil , garlic , sea salt, basil , thyme ,

Lunch menu

Monday July 15th

Baguette Chicken Curry

Fresh coarse baguette with curry dressing, chicken, paprika and crispy salad.

Allergenes

Gluten (wheat, oat, barley), mustard, egg. May contain traces of celery.

Ingredients

BAGUETTE 54% (water, wheat flour , whole wheat flour , wheat bran , oat flakes , wheat gluten , emulsifiers (mono and diacetyl tartaric acid esters of mono and diglycerides of fatty acids (rapeseed oil), lecithin sunflower)), salt, rapeseed oil , malted barley flour , linseed , dextrose , stabilizer guar kernel flour), millet seed, yeast , flour treatment agent (ascorbic acid), wheat sourdough powder), CURRY DRESSING 22% (rapeseed oil , water, pickled vegetables cucumber , sugar , onion , carrot , kohlrabi , vinegar , modified starch , mustard seed, water), sugar , dried apple , egg yolk , curry fenugreek , cayenne , fennel , turmeric , coriander , pepper, cumin), salt, vinegar , mustard seed, onion powder , preservatives (potassium sorbate , sodium benzoate), antioxidant citric acid), maltodextrin , stabilizers guar kernel flour , xanthan), aroma), CHICKEN 20% (chicken 19%, potato starch , salt, dextrose corn), onion , red pepper, aroma (oregano, lemon), leek , yeast extract , black pepper, curry , cumin , cayenne , ginger , coriander , caraway , spice extract (paprika), turmeric), PEPPER 2%, CRISPI SALT

Dinner menu

Monday July 15th

Chicken Curry

Chicken Curry is a tasty stew with chicken (Halal), vegetables, potatoes, coconut milk and spices. Served with rice.

Allergenes

No.

Ingredients

CHICKEN THIGH MEAT 34% (Halal), carrot , chickpeas , coconut milk , potato , water, onion , rapeseed oil , vinegar , garlic , ginger , sea salt, modified corn starch , curry powder , garam masala , turmeric ,

RICE , Water, rice

Lunch menu

Tuesday July 16th

Pasta Salad

With vegetables, Thousand Island dressing, chicken ham, cheese and plum tomatoes.

Allergenes

Gluten (wheat), mustard, egg, milk. May contain traces of celery.

Ingredients

PASTA 43% (cooked pasta (durum wheat , rapeseed oil , sea salt), KALE MIX 13% (kale , head cabbage , red cabbage , beetroot , carrot), THOUSAND ISLAND DRESSING 13% rapeseed oil , vinegar , sugar , tomato concentrate , pickled cucumber (cucumber , vinegar , salt), salt, mustard powder , egg yolk powder egg yolk , salt, maltodextrin), stabilizers xanthan gum, propylene glycol alginate), spices onion , ginger powder , white pepper, allspice , cloves , pepper extract), preservative potassium sorbate)), CHICKEN HAM 11% chicken thigh meat , chicken skin , potato starch , salt, aroma, stabilizers (di triphosphates), dextrose maize), antioxidant sodium ascorbate)), OST 11% pasteurized milk , salt, vegetarian rennet, preservative (sodium nitrate) , acidity regulator (calcium chloride), lactic acid culture), PLUM TOMATO MINI

Dinner menu

Tuesday July 16th

Chili con Carne

Chili con carne is a flavorful stew made from minced meat (Halal), beans, tomato, onion and spices. Served with rice.

Allergenes

No.

Ingredients

BEEF Dough (Halal) 33%, water, red kidney beans , tomato pulp (tomato , spices), onion , apple juice, garlic , vinegar , rapeseed oil , tomato puree , modified corn starch , chili, sea salt, cumin , sugar , paprika powder ,

RICE , Water, rice

Lunch menu

Wednesday July 17th

Street Burrito

Fresh burrito with tortilla, pulled duck, crispy vegetables and hoisin sauce.

Allergenes

Gluten (wheat), celery, soya, sesame

Ingredients

WHEAT TORTILLA 34 % (wheat flour , water, rapeseed oil , raising agents (odium carbonate , diphosphates), dextrose , acidity regulator (malic acid), salt, flour treatment agent (l cysteine)), VEGETABLES 30 % (head cabbage , carrot , celeriac , red cabbage , leek , turnip), HOISINSAUCE 19 % (Hoisin soybean paste (water, soybeans , rice , salt), sugar , rice vinegar , water, spices , salt, sesame oil , garlic), apple juice, rapeseed oil , citrus fiber, sriracha (chili, garlic , water, sugar , vinegar , salt, spice extract cayenne pepper, chili), thickener xanthan gum), preservatives (potassium sorbate , sodium benzoate)), mushroom , onion , ginger , pepper), PULLED DUCK 17 % pulled duck , salt, sugar , star anise , pepper , cloves , cinnamon ,

Dinner menu

Wednesday July 17th

Beef Stroganof

Beef Stroganoff is a stew with beef (Halal), mushrooms, peppers, onions and crème fraîche. Served with rice.

Allergenes

Milk , mustard

Ingredients

BEEF (Halal) 41%, water, mushrooms , paprika, onion , crème fraîche , rapeseed oil , vegetable stock (salt, yeast extract , sugar , maltodextrin , fully hydrogenated sunflower oil , coconut oil , dextrose , modified starch , spices , citric acid, herbs), modified corn starch , butter , Dijon mustard , sea salt, pepper.

Lunch menu

Thursday July 18th

Baguette

Freshcoarse baguette with chicken ham, cheese, paprika and crisp salad.

Allergenes

Gluten (wheat, oat), milk, soya. May contain traces of celery.

Ingredients

BAGUETTE 54% (wheat flour , whole wheat flour , wheat bran , oat flakes , wheat gluten , emulsifiers (mono and diacetyl tartaric acid esters of mono and diglycerides of fatty acids (rapeseed oil), lecithin sunflower)), salt, rapeseed oil , malted barley flour , linseed , dextrose , stabilizer (guar seed flour), millet seeds , yeast , flour treatment agent (ascorbic acid), wheat leavening powder), CHICKEN HAM 17% chicken thigh meat , chicken skin , potato starch , salt, aroma, stabilizers (di triphosphates), dextrose maize , antioxidant sodium ascorbate)) , CHEESE 13% (pasteurized milk , salt, vegetarian rennet, preservative (sodium nitrate), acidity regulator (calcium chloride), lactic acid culture), MARGARINE 7% (rapeseed oil , fully hardened coconut and rapeseed oil , skimmed milk , coconut oil , salt, emulsifier soy lecithin , monoglycerides of fatty acids), preservative (potassium sorbate), acidity regulator (lactic acid), vitamin A, vitamin D, coloring (beta carotene), natural aroma), PEPPER 6%, CRISPI SALT 4%.